



## VOLUNTEER OPPORTUNITIES AT CENTRAL ALBERTA REFUGEE EFFORT (C.A.R.E.)



Enrich your life and that of an immigrant by becoming a C.A.R.E. Volunteer:

- The objective of the Connecting Newcomers Program is to facilitate social integration. Spend a few hours a week with immigrants/refugees as a Community Volunteer, and help them to learn more about Canadian culture and community resources. You could do this on a one-on-one basis with individuals/families, or by joining group conversation sessions. Learn more about other cultures while assisting newcomers with their integration into our community.
- Volunteer Interpreters & Translators assist with medical, educational, legal and other appointments and also translate documents for immigrants and refugees. C.A.R.E. has a Volunteer Interpreter Bank of over 30 different languages and dialects.
- The Public Awareness & Rural Awareness Programs offer workshops, presentations, trainings in cross cultural awareness, racism, discrimination, etc., in Red Deer and Central Alberta. As a volunteer Cultural Consultant you assist by sharing your culture and immigration experiences.
- Immigrant Seniors Program & Immigrant Youth Program facilitate seniors and youth participation in social/learning/recreation activities in the community through weekly group activities, information sessions, counseling and referral, friendship and support.
- The Immigrant Family Program welcomes volunteers to share their skills in sewing, crafts, do presentations on health and wellness, or be a driver on special outings for its Women's Support Group.
- General Volunteers also help with special functions or projects (Ethnic Christmas party), ESL classroom assistance, fundraising events, manning C.A.R.E.'s booths at the community events, etc.
- Become a Volunteer Board Member and oversee the direction and management of C.A.R.E.

For more information contact our Volunteer Program Coordinator at (403) 346-8818 or e-mail at [care2@telusplanet.net](mailto:care2@telusplanet.net)

